

# RALEIGH, NC

## UMSTEAD STATE PARK

### Cemetery Stroll

### USA State Parks

Wake County  
12 Km SCENIC PARK WALK YR994  
Triangle Trailblazers

**START POINT:** Wm. B. Umstead State Park Visitor Center  
8801 Glenwood Ave.  
US Hwy. 70W  
(Between Raleigh & Durham)  
919-571-4170

**HOURS:** Nov–Feb 9 – 5; Mar–Oct 9 - 6  
**CLOSED:** Christmas Day

**POC:** Pat Morefield, 919-212-3380, lamadre742@aol.com

**TRAIL:** Rated 3. Scenic park walk on Umstead's Sycamore Trail. Natural surface through forested area with some hills. Unsuitable for strollers or wheelchairs. Pets ok on leash. Restrooms available at Start Point.

**HOW TO GET THERE:** The Visitor Center is located in the Crabtree Section of Umstead State Park off US 70, ten miles NW of Raleigh. From I-440 (Raleigh Beltline) take the Crabtree Valley/US 70 exit (exit 7). Go six miles west on US 70 to the park entrance on the left. From I-40, take I-540 (exit 283) to US 70E (exit 4-A). Go straight at the bottom of the ramp to 70. Park entrance is one mile on the right. Visitor Center is 1/2 mile from the entrance. **Note: The southern entrance to the park off I-40 (Exit 287) does not connect to the Start Point.**