



Triangle Trailblazers

www.TriangleTrailblazers.org (new!)

~ 2026 August Newsletter ~

August Group Walk

Raleigh Lake Johnson - August 1 at 9 am

(Click the link for map, driving directions, & Online Start Box info.)

Start Point – Thomas G Crowder Woodland Center at 5611 Jaguar Park Drive. Please arrive 15 minutes early to register.

Distance & rating: 5K (2C) & 10K (2C).

Restrooms: Yes, at the start/finish and one on the trail.

The trail loops the entire lake on paved and natural surfaces through forested areas. Some of the terrain is hilly with rough areas. Much of the trail hugs the shoreline with beautiful views of the lake.



2026 Group Walk Schedule

(all dates are Saturdays)

September 12 – Smithfield, 9 am

October 10 – Durham Duke Gardens, 9:30 am

November 14 – Raleigh Art Museum, 9:30 am

December 12 – Raleigh Oakwood, 10 am (annual lunch meeting afterward)

In Affiliation With



American Volkssports Association (AVA)
Tarheel State Volkssporting Association (TSWVA)



Fun Memories from June 2026

On June 13, 2026, a small group of us ventured out on a hot day at Cary Bond Park. Most of our walk took us through the wooded areas surrounding a scenic lake, where we dipped into ravines and crossed bridges and boardwalks. Afterward, we enjoyed a delicious lunch at the Mellow Mushroom restaurant and cooled off with plenty of refilled drinks!

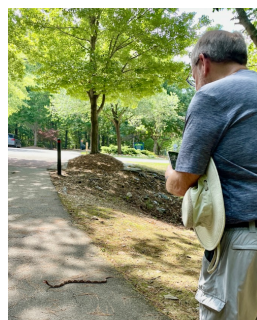


Photo by Jan & Derrik Weeks, Rich Rycek & Celia Glenn

2026 Club Officers

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Other Groups & Events Schedule

❖ **AVA 50th Anniversary** - ava.org/50th-anniversary

AVA 50th Anniversary Walk in Boston (Northeast Region) will be on August 28 - 29 (Friday & Saturday) in Boston, MA.

❖ **DC International Walking Experience** - IML & AVA

The 25th [US FreedomWalk Festival](#) will be held October 16 - 18 (Friday, Saturday, & Sunday) in Arlington and Washington, DC.

❖ **Virginia Events** (See 3 attached documents in email.)

[Lake Walkabout Weekend](#), October 2 - 4 (Friday, Saturday, & Sunday) is sponsored by the Smith Mountain Lake Walking Club in Moneta, VA.

❖ **NC Events -**

➤ **AA = Asheville Amblers**

Dennis Michele, President
828-628-4343
dmichblue@aol.com

➤ **MW = Metrolina Walkers**

Joan Melville, President
704-564-1013
melville@bellsouth.net

➤ **RR = Rowan Roamers**

Boyd Morgan, President
704-279-3282
bamorgan47@gmail.com

➤ **WW = Winston Wanders**

Lloyd Tolbert, President
276-403-0608
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August 8, AA – Hendersonville Freedom Park @ 10 am (BYO Picnic)
8, WW - Boone Greenway @ 10 am
9 (Sunday), WW – Blowing Rock @ 10 am
22, AA – Lake Junaluska @ 9 am